



RUBENSTEIN PUBLIC RELATIONS, INC.

DR FISCHER
THE PARK AVENUE DIET

AVENUE

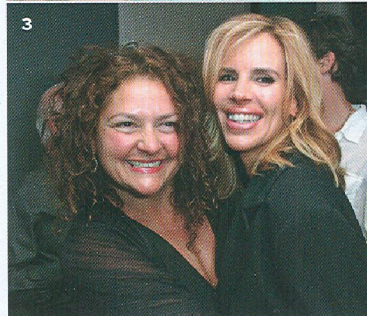
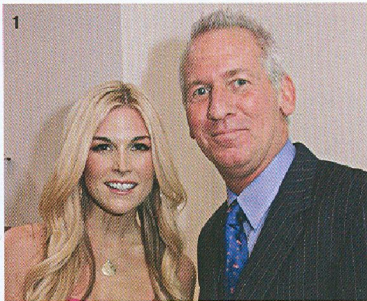
September 2008

PARK AVENUE SECRETS

The launch of Dr. Stuart Fischer's *The Park Avenue Diet* at 807 Park Avenue

An intimate crowd of starlets and socialites gathered at 807 Park Avenue for the launch of **Dr. Stuart Fischer's** book *The Park Avenue Diet*. More than just a diet guide, the book offers suggestions for a lifestyle makeover, addressing beauty, etiquette, poise, fitness, food and fashion, and also includes a special section by **Tinsley Mortimer**.

1. Tinsley Mortimer and Dr. Stuart Fischer 2. Nina Rausch
3. Aida Turturro and Bernadette Penotti



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